FIGHTING IRISH CARE

In addition to the University Counseling Center (UCC), University Health Services (UHS), the McDonald Center for Student Well-Being (McWell), and the Center for Student Support and Care, the Health and Wellness Unit within the Division of Student Affairs also offers a telehealth program to students called Fighting Irish Care. This additional service provides 24/7 access to medical and mental telehealth care across the United States, with no cost at the time of your visit.

Whether you’re feeling sick or overwhelmed, you will be able to talk to a licensed provider from your smartphone or any web-enabled device. Licensed providers are available to diagnose non-emergent medical conditions, prescribe medications, and offer mental health support and wellness coaching via phone or secure video visits.

FREQUENTLY ASKED QUESTIONS

Who can use Fighting Irish Care?
Any enrolled Notre Dame undergraduate, graduate, or professional student, whether you are accessing instruction in person or remotely.

How can students access Fighting Irish Care?
Students can visit go.nd.edu/fightingirishcare to register for and access telehealth services. Students can then hold visits through any web-enabled device throughout the United States. Students must use their Notre Dame email address to register.

What services are available?
The following services are available to all students:

- **Medical**: 24/7 access to a medical provider who can treat a wide range of common illnesses like cold and flu, sinus infections, allergies, and more
- **TalkNow**: Like the UCC Helpline, this service allows 24/7 access to a mental health counselor to talk about anything at anytime
- **Health Coaching**: Access to a nutritional specialist to help students adopt healthier lifestyle behaviors related to sleep issues, weight management, and more

In addition, up to twelve Scheduled Counseling visits are available through Fighting Irish Care for remote instruction students. If you are accessing instruction in person, please contact the UCC to receive counseling services.

How much does a visit cost?
There is no cost for Notre Dame students to receive medical, Talk Now, or Health Coaching. Students receiving Scheduled Counseling through the UCC will have 12 scheduled visits, but will incur costs for any visits over that amount.