Notre Dame Athletics

COVID-19: Is it worth the risk?

Low Risk
- Going to the park
- Pumping gasoline
- Going on a walk, run, or bike ride around campus
- Virtual Movie night with friends
- Hanging with friends outside- bring your own food
- Homework on the quad
- Grocery Shopping-taking all precautions
- Going out to eat & sitting outside/getting takeout
- Going to the library or museum
- Hanging with a dorm mate in their room
- Having dinner at a friend's house
- Going Camping
- Swimming in a public pool
- Shopping at the mall
- Going to a hair salon or barber shop
- Eating inside at a restaurant
- Going to a movie theater
- Traveling by plane
- Going to an amusement park
- Going to a bar
- Playing drinking games/ sharing drinks and cups

Moderate Risk
- Going to a darty
- Hugging or shaking hands
- Going to a house party
- Ubering/Lyft without a mask or sanitizer
- Hooking up with someone whom you are not sure has been following protocols

High Risk

Source: World Health Organization, Texas Medical Association